#### Curriculum vitae

### Personal data:

First name: Nasrin
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Nationality: Iranian

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### **Education:**

- Bachelor in Midwifery, Medical University of Mashhad, Iran,
- Master in Midwifery, Medical University of Mashhad, Iran.
- Phd public Health from medical university of Vienna

### Work experience:

- Academic member at Medical University of Sabzevar,
- Scientific member at Azad University Sabzevar
- Director of the Department of Midwifery, University of Sabzevar,
- Student Research Committee Member, Medical University of Sabzevar,
- Research Council, 2007-2012

### **Publications:**

Title	Congress	Journal
Effects of Anethum graveolens L. (Dill) essential oil on the intensity of retained intestinal gas, flatulence and pain after cesarean section: A randomized, double-blind placebo-controlled trial	Tehran international congress Ob&Gy	Journal of Herbal Medicine https://doi.org/ 10.1016/j.her med.2017.01. 002
he Nursing Experiences Regarding to Clinical Education in Emergency Department: A Qualitative Content Analysis in 2012	June July 2017 Volume 24, Number 2	Journal of Sabzevar University of Medical Sciences
Quality of life and asthma control in pregnant women with asthma	PMC8680333 DOI: 10.1186/s12890- 021-01797-9	BMC Pulm Med. 2021 Dec 17;21(1):415. doi: 10.1186/s12890- 021-01797-9
The effect of supermint oil on flatuance severity after cesarean	Dubai international OBS- Gyne & F>ERTILITY conferevce & Exhibition ( printe in journal of Ardebil-Iran)	Print Ardebil medicine journal
Quality of Work Life of Midwives in Sabzevar	February & March 2017. Vol 23. Num 6	J ournal of Sabzevar U niversity of Medical Sciences
Pregnancy Outcomes with Coronavirus Infection (COVID-19)	39(2):117-140, 2022.	Acta Facultatis Medicae Naissensis
The effect of supermint oil on pain severity after cesarean	3rd International congress of health Environment & Natural Products(journal Mashad- Iran)	print babol medicine journal

THE EFFECT OF CUMIN-OIL ON FLATULENCE SERVERITY CESAREAN	International congress OBS- Gyin malaysia2006(jo urnal of Feyze kashanl-Iran)	feyze medicine journal
Prevalence and risk factors urogenital symptoms in women of menopausal symptoms in Sabzevar	International congress OBS- Gyin Turkey2006	Middle East Journal Issn:1990- 9233 7(5):733-737, 2011
THE EFFECT OF cumin OIL ON PAIN SEVERITY AFTER CAESREAN SECTION	IUNS&APCNS International congress of OBS- Gyne in Tehran Iran	Mashad gynecology obstetric &infertility medicine journal
Vaginal misoprostol versus intravenous admintration of oxytocin for labor induction	IUNS&APCNS International congress OBS- Gyne	Finished research projects
Comparative effect alone honey and mix with chlotrimazol on vaginitis Candidacies	International congress Ob&gy in china2009	mashad medicine journal
The effect of cumin oil on serum prolactine level after cesarean section	Ob&gy congress in Tabriz-Iran (journal of behbod- kermanshah Iran)	print behbod medicine journal
Frequency causes of hysterectomy and make in comparison with ACOG criteria in sabzevar Iran, 2005-2007	Ob&gy congress in china2008	Finished research projects
The effect of supermint oil on digestive disorder after cesarean	Tehran ,ob&gyn	Printed in Iran nursing medicine journal

Prevalence of Chlamydia trachomatis and Mycoplasma genitalium in pregnant women of Sabzevar-Iran.	Haghighi Hasanabad M, Mohammadzade h M, Bahador A, Fazel N, Rakhshani H, Majnooni A. Source Molecular and Cellular Biology Research	Iran J Microbiol. 2011 Sep;3(3):123-8.
	Center, School of Medicine, Sabzevar University of Medical Sciences, Sabzevar, Iran.	
Prospective cohort study of pregnancy complications and birth outcomes in women with asthma	Vienna phd symposium	Archives of Gynecology and Obstetrics https://doi.or g/10.1007/s00 404-018- 4800-y
To determine how frequently pregnant asthmatics are sensitive to food and inhalation allergens		WORLD FAMILY MEDICINE/ MIDDLE EAST JOURNAL OF FAMILY MEDICINE VOLUME 15 ISSUE 5, JULY 2017
Environmental tobacco smoke exposure during pregnancy affects complications and birth outcomes in women with and without asthma		BMC Pregnancy and Childbirth 2020; 20 (1) Doi: 10.1186/s12884- 020-03000-z
Prevalence of asthma and other allergic diseases in pregnant women		January 2021Acta Facultatis Medicae Naissensis 38(2):125-134 DOI:10.5937/afmnai 38-29256

Quality of life and asthma control in pregnant women with asthma	BMC Pulm Med . 2021 Dec 17;21(1):415. doi: 10.1186/s12890- 021-01797-9
Pregnancy Outcomes with Coronavirus Infection (COVID-19)	Acta Facultatis Medicae Naissensis. DOI:10.5937/afmnai 39-32704Corpus ID: 25152361/2022

## Workshops:

Date	Place	Title	No
1993	Sabzevar university of medical science	Way of research	1
1995	Sabzevar university of medical science	Supplementary medicine instruction and Teaching manner	2
2007	Sabzevar university of medical science	Complementary use in Obstetric and Gynecology	3
1995	Sabzevar university of medical science	Way of research workshop	4
2003	Sabzevar university of medical science	Way of research workshop	5
2007	Sabzevar university of medical science	Inner estimate workshop	6
2004	Mashhad	Parturition without pain workshop (progressing health congress)	7
2004	Sabzevar university of medical science	Teaching first aid for sub-nurses	8
2004	Sabzevar university of medical science	Teaching pregnancy period vigilance	9
2006	Tabriz	Promotion breastfeeding workroom	10
2006	Sabzevar	Article writing educational workroom	11

2007	Sabzevar	Paroxysm and nursery vigilance educational workroom (teacher)	12
2007	Sabzevar	After menopause vigilance educational workshop (teacher)	13
2006	Sabzevar	Elementary way of research workshop(teacher)	14
2006	Sabzevar	Educational design lesson	15
2005	Sabzevar	Importance of breast milk educational workshop	16
2007	Sabzevar	CBPR research workshop	17
2008	Sabzevar	Knowing digital library workshop	18
2008	Sabzevar	END NOTE workshop	19
2008	Sabzevar	Writing article workshop	20
2008	Sabzevar	Ethic in research workshop	21

## **Congresses participating:**

Date	Place	Article title	Congress title	No
January 14, 1995	Sabzevar	Participated	Plan of furthering breast feeding 3days congress	1
December 06, 1999	Tehran	Participated	AIDS in obstetric 1 day congress	2
May 03, 2000	Tehran	Participated	Improving resuscitative skills in obstetric	3
October 30, 2001	Mashhad	Participated	Education and vigilance in chronic illnesses	4
October 1-3 2003	Dubai	The effect of supermint oil on flounce severity after cesarean	Dubai international OBS-Gyne & FERTILITY conference & Exhibition	5
December 08, 2003	Tehran		Fifth international congress in obstetrics and gynecology	6
February 05, 2004	Mashhad		Legal aspects in obstetrics 1 day congress	7

	June 15, 2004	Mashhad		First national congress in improving women health	8
	June 15, 2004	Mashhad		Second national congress in improving women health	9
	25-28 sep 2004	Mashhad	The effect of supermint oil on pain severity after cesarean	3rd International congress of health Environment & Natural Products	10
	September 27, 2004	Mashhad	The effect of supermint oil on pain severity after cesarean	Third international congress in health and natural products	11
Lecturer	November 20, 2004	Tehran	The effect of supermint oil on flatulence severity after cesarean	Ninth international congress in obstetrics and gynecology	12
Poster	July 29, 2005	Mashhad	The effect of supermint oil on digestive disorders after cesarean	National congress in improving stability for herbal plants	13
Lecturer	November 25, 2005	Tehran	The effect of supermint oil on flatulence severity after cesarean	Sixth international congress in obstetrics and gynecology	14
Participated	May 04, 2006	Tehran	Comparative study of cumin oil and mint on place of operation pain	Sixth annual congress in convention of survey and study in Iran	15
Lecturer	November 22, 2006	Tehran	The effect of supermint oil on pain severity after cesarean	Tenth international congress in obstetrics and gynecology	16
Lecturer	November 5, 2006	Malaysia	THE EFFECT OF CUMIN-OIL ON FLATULENCE SERVERITY CESAREAN	18th international congress in obstetrics and gynecology	17
Poster	November 5, 2006	Malaysia	THE EFFECT OF mothers weight gain in different monts of pregnancy outcome in women referring to sabzevar health centers in 1383-1384	18th international congress in obstetrics and gynecology	18
Poster	September 04, 2006	Tabriz	The effect of cumin oil on digestive disorders after cesarean	9th Iran congress in nutrition	19

poster	2004	AUSTRLAIN	THE EFFECT OF SUPERMINT OIL ON PAIN SEVERITY AFTER CAESREAN SECTION	IUNS&APCNS International congress of clinical nutrition	20
poster	2002	china	Frequency causes of hysterectomy and make in comparison with ACOG criteria in sabzevar Iran, 2005-2007	Ob&gy congress	21
	1321	Sabzevar	Master member	Congress in human and healthy environment	22
Poster	2002	china	Comparative effect alone honey and mix with chlotrimazol on vaginitis Candidacies	Ob&gy congress	23
Poster	1322	Mashhad	Using Nanotechnology for Detection of Disease and treatment	Congress in nanotechnology in medicine	24
Poster	1322	Mashhad	Usage of nanosensors	Congress in nanotechnology in medicine	25
Poster	1322	Tehran	Comparison effect of honey with clotrimasol singly and mixed on vaginitis Candida	8th international congress in obstetrics and gynecology	26
	1321	Tehran	Praying as a treatment to health (superior article)	17th congress in prayer	27
Poster	October 10, 2008	Mashhad	Nanotechnology and cancer	First international congress in women cancers	28
Poster	February 13, 2008	Tehran	Monthly breast pain	3rd international congress in breast cancer	29
Poster	Wednesday, June 30, 2010	Tehran	Breast self-examination: knowledge, and performance among uper 20 yeare oldwomen in medical –health centers in sabzevar-Iran in 2010	3rd international breast cancer congress	30

Poster	November 4- 7, 2010	Turkey	Urogenital symptoms and risk factor among of postmenopausal women in sabzevar Iran	congress in obstetrics and gynecology	31
Lecture and Poster	,nov.17- 20,2011	Paris and Tehran	Vaginal misoprostol versus intravenous admintration of oxytocin for labor induction	congress in obstetrics and gynecology	32
Lecture	Mar 22, 2017 to Mar 24, 2017	Rome Italy	To determine how frequently pregnant asthmatics are sensitive to food and inhalation allergens	2nd World Congress on Public Health and Nutrition	
	Online YSA PhD Symposium on the 17th and 18th of June 2021	Vienna	Pevalence of asthma and allergic factors associated with other allergic diseases in pregnant women	16th YSA PhD Symposium 2021	

Research performationed Projects with as Supervisor

Date	Place	Title
2010	sabzevar	Survey frequency and cause infertility in sabzevar( as guide teacher)
2010	sabzevar	Survey frequency Of sexual dysfunction in women referring to Sabzevar
2010	sabzevar	Survey Attitude of midwives and student midwifery on home birth in town of Sabzevar at year 2010(as guide teacher)
2010	sabzevar	Survey Tendency examination of pregnant woman after of education during doing delivery in home of curative-health centers town of Sabzevar at year 2010( as guide teacher)
2012	sabzevar	Survey of gestational age in mothers of¬ pregnant of consumers and non-consumers of supplements of referring to Sabzevar in 90 years
2016	Symposium phd studend vienna	Association between quality of life and asthma control and in asthmatic pregnant women
2017	PhD Symposium 2017 June 8th - 9th, 2017	Reflex to learning according to new method of reflective educational on anesthesia students: a qualitative study

2017	Minimally Invasive Gynecology & Obstetrics Intl. Congress (IMIGO 2017) Date: 19 – 22 January 2017 Tehran	Maternal smoking and environmental tobacco exposure during pregnancy in asthmatic pregnant women and impact on pregnancy outcome
2017	PhD Symposium 2017 June 8th - 9th, 201	Relationship between Serum Levels of Total IgE Antibody and Percentage of Eosinophil Cells in Asthmatics pregnant women

Prize:

- 2 times selected as superior researcher
- 4 times selected as superior midwife

## Books:

- 1-protocol of midwifery( ESSAY and translate)
- 2-obstetrics and Gynecology(translate with my colleague)
- 3- KNOWLEDGE and PRAISE(ESSAY with my colleague)

# Participated at congresses:

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Type of presentation	Date	Place	Title	Congress
poster	2010	Tehran Iran	Postmenopausal women in Sabzevar Iran	Congress in obstetrics and gynecology
poster	Nov 2011	Paris France	Vaginal misoprostol versus intravenous administration of oxytocin for labor induction	Congress in obstetrics and gynecology
poster	June 2016	Vienna Austria	Association between quality of life and asthma control in asthmatic pregnant women	12 <sup>th</sup> YSA PhD Symposium 2016
oral	Mar 2017	Rome Italy	To determine how frequently pregnant asthmatics are sensitive to food and inhalation allergens	2nd World Congress on Public Health and Nutrition
poster	June 2017	Vienna Austria	Relationship between serum levels of total IgE antibody and percentage eosinophil cells in asthmatic pregnant women	13 <sup>th</sup> YSA PhD Symposium 2017
poster	June 2017	Vienna Austria	Reflection about learning according to new method of reflective education on anesthesia	PhD Symposium 2017

students: a qualitative study

poster	June 2018	Vienna Austria	Maternal smoking and environmental tobacco exposure during pregnancy in asthmatic pregnant women and impact on pregnancy outcome	14 <sup>th</sup> YSA PhD Symposium 2018
poster	June 2018	Vienna Austria	Prospective cohort study of pregnancy complications and birth outcomes in women with asthma	14 <sup>th</sup> YSA PhD Symposium 2018