



Sabzevar university of medical sciences

CURRICULUM VITAE



PERSONAL INFORMATION

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Webpage: -

Academic Profile

- Academic Position: Associate professor
- Academic Degree: Ph.D.
- ORCID: <http://orcid.org/0000-0001-8190-0569>
- ResearchGate Profile: https://www.researchgate.net/profile/Forough_Mortazavi
- Scopus Profile: <https://www.scopus.com/authid/detail.uri?authorId=36133547900>
- Google Scholar Profile:
<https://www.scopus.com/authid/detail.uri?authorId=36133547900>
- PubMed Articles: <https://www.ncbi.nlm.nih.gov/pubmed/?term=forough+mortazavi>
- Web of Science Profile : publons.com/a/1293842/
- ISI Articles: Web of Sciences ResearcherID: researcherid.com/rid/H-5771-2016

EDUCATIONAL BACKGROUND

PhD in Ph.D. Reproductive Health, Shahroud University of Medical Sciences, Iran, 2009-2013

MSc. in Midwifery, 1994-1998, Midwifery, Mashad University of Medical Sciences, Iran

BSc. in Midwifery, Mashad University of Medical Sciences, Iran, 1986-1991

DISSERTATIONS

PhD Thesis Title:

The relationship between maternal quality of life and psychological state on the initiation and continuation of breastfeeding: The examination of theory of planned behavior in breastfeeding

MSc Thesis Title:

The relationship between maternal anthropometric measurements and infant birth weight

Awards and Ranks

- ✓ Awards and Ranks....

TEACHING EXPERIENCES

I: Teaching Experiences I

Title...Maternal & Neonatal Health, Family Planning, 1998-present

II: Teaching Experiences II

- ✓ Title..... Maternal & Child Health, 1998-present

III: Teaching Experiences III

- ✓ Title.... Medical Terminology For Midwives, 1998-present

IV: Teaching Experiences IV

- ✓ Title.... Embryology for Midwives, 2008-2012

VI: Teaching Experiences VI

- ✓ Title Epidemiology, Fundamental of health services, Health education & consultancy in maternal health, maternal & child health, 2012-present

PROFESSIONAL MEMBERSHIP

- ✓ Member of Midwifery Department, Faculty of Medicine, Sabzevar University of Medical Sciences. 1998 to present.
- ✓ Member of Ethics committee, 2013-present
- ✓ Member of Athens institute for Education and Research, 2016-Present
- ✓ Member of Task Force of Midwifery Professional Ethics in Iranian Midwifery Science Development Association, 2016-Present
- ✓ Manuscript Reviewer of:

RESEARCH FIELDS OF INTERESTS

- ✓ Research Field I.....Validation studies,
- ✓ Research Field II..... Questionnaire adaptation
- ✓ Research Field IIIBreastfeeding, Maternal mental health

CONFERENCE PARTICIPATION

▪ Oral Presentations

- 14th World Congress on obstetrics and gynecology, Nov 2016, Tehran, Iran, *Worries of pregnant women.*
- 11th World Congress on obstetrics and gynecology, Nov 2013, Tehran, Iran, Breastfeeding methods in the first month postpartum: impact on breastfeeding duration.
- 11th World Congress on obstetrics and gynecology, Nov 2013, Tehran, Iran, Breastfeeding difficulties, psychological problems and breastfeeding duration.
- 15th world Congress on Human Reproduction, 15 March 2013, venesia, Italy, Quality of life during the transition to motherhood.
- 15th world Royan Twin Congress, Sep 2013, Tehran, Iran, Maternal psychological state during the transition to motherhood.
- 11th World Congress on obstetrics and gynecology, Nov 2011, Tehran, Iran, Women's perspectives towards unwanted pregnancy: A qualitative study.
- The first national conference on research in P.H.C network, Autumn 2008, Mashhad, The relationship between maternal anthropometric measurements and infant birth weight.

▪ Poster Presentations

- 15th world Congress on Human Reproduction, march 2013, venesia, Italy, Maternal psychological state during the transition to motherhood

- 18th World Congress of Gynecology and Obstetrics (FIGO), Nov 2006, Kuala Lumpur, Malaysia, Estimation of gestational age by measurement of fundal height and abdominal girth in parturient at term
- 12th World congress on gynecology endocrinology, Feb 2006, Florence, Italy, Estimation of birth weight by measurement of fundal height and abdominal girth in parturient at term
- International Congress of Clinical nutrition, Aug 2004, Brisbane, Australia, The relationship between maternal anthropometric measurement and birth weight
- Women's health congress, 2012, Shiraz, Iran, Quality of life after cesarean and vaginal delivery
- First world congress on health education and promotion, Spring 2011, Tabriz, Iran, The study of male involvement in prenatal care in Shahroud and Sabzevar
- 8th World Congress on obstetrics and gynecology, Nov 2010, Tehran, Iran, Concerns and expectations towards Husband's involvement in prenatal and intrapartum cares - A qualitative study
- 8th world congress on obstetrics and gynecology, Nov 2010, Tehran, Iran, The study of the accuracy of three methods in estimation of delivery date
- 8th world congress on obstetrics and gynecology, Nov 2010, Tehran, Iran, The effect of husband participation in prenatal care on pregnancy outcome

PUBLICATIONS

▪ **Journal Publications Indexed in PubMed/MedLine/ISI/Scopus**

1. Mortazavi F, Mehrabadi M: A cross-sectional study of low birth satisfaction during the COVID-19 epidemics' fifth wave. *Nursing Open* 11 (9), e70026, 2024
2. Mortazavi, F., Nikbakht, R., Mehrabadi, M., Shahhosseini, Z. A structural equation model analysis of the relationship between expectant fathers' fear of COVID-19 and their fear of childbirth: The mediating role of maternal fear of childbirth. *Midwifery*, 2023, 125, 103790
3. Mortazavi F, Ghardashi F: Medical students' psychological and behavioral responses to the COVID-19 pandemic: A descriptive phenomenological study. *Clinical Child Psychology and Psychiatry*, 0(0):13591045211056922.
4. Mortazavi F, Mehrabadi M: Predictors of low birth satisfaction among Iranian postpartum women: A cross-sectional study. *Nursing Open* 2022, 9(1):604-613.
5. F Mortazavi, M Mehrabadi. Predictors of fear of childbirth and normal vaginal birth among Iranian postpartum women: a cross-sectional study. *BMC Pregnancy and Childbirth*, 2021
6. Mortazavi and Ghardashi. The lived experiences of pregnant women during COVID-19 pandemic: a descriptive phenomenological study *BMC Pregnancy and Childbirth* (2021) 21:193 <https://doi.org/10.1186/s12884-021-03691-y>

7. Mortazavi F, Salehabadi R, Sharifzadeh M, Ghardashi F. Students' perspectives on the virtual teaching challenges in the COVID-19 pandemic: A qualitative study. *J Edu Health Promot.* 2021;10:59.
8. Mortazavi et al. Pregnant women's well-being and worry during the COVID-19 pandemic: a crosssectional study. *BMC Pregnancy and Childbirth* (2021) 21:59. <https://doi.org/10.1186/s12884-021-03548-4>
9. Mortazavi F, Mehrabadi M, Karrabi R. Effectiveness of Solution-Focused Counseling Therapy on Pregnancy Anxiety and Fear of Childbirth: A Randomized Clinical Trial. 2020 NPT.
10. F Mortazavi, M Mehrabadi, CJ Hollins Martin, CR Martin. Psychometric properties of the birth satisfaction scale-revised (BSS-R) in a sample of postpartum Iranian women. *Health Care for Women International*, 1-16
11. Razieh Karrabi, Maryam Farjamfar, Foroughsadat Mortazavi, Ali Mohammad Nazari, Shahrbanoo Goli. The effect of solution-focused group counseling on pregnant women's worries: A randomized clinical trial. *Hayat, Journal of School of Nursing and Midwifery*; 2019, 25(1):81-90
12. M Mehrabadi, M Masoudifar, A Parvizi, MH Rakhshani, F Mortazavi. Effects of childbirth preparation classes program based on national guideline on fear of childbirth in pregnant women: a randomized clinical trial. *IJOGI* 23 (1), 58-68
13. M Eftekhariyazdi, B Souizi, M Yousefi Moghaddam, F Mortazavi. Case of Complicated Fatty Liver of Pregnancy With Good Outcome. *International Journal of Women's Health and Reproduction Sciences* 8 (1), 106–109
14. Forough Mortazavi, Fateme Borzoe. Fatigue in Pregnancy The validity and reliability of the Farsi Multidimensional Assessment of Fatigue scale. *Sultan Qaboos University Med J*; 2019, 19(1):44-50
15. Tahereh Ashrafganjoei, Soha Mirreza, Mitra Eftekhariyazdi, Forough Mortazavi. Plasmapheresis in the treatment of fatty liver of pregnancy: A case report. *Nursing Practice Today*; 2019, 6(2): 54-59
16. F Mortazavi, J Agah. Childbirth Fear and Associated Factors in a Sample of Pregnant Iranian Women. *Oman medical journal*; 2018, 33 (6), 497
17. Behnaz Souizi, Fateme Borzoe (corresponding author), Sima Haeri , Forough Mortazavi . Comparison of vaginal Misoprostol, Laminaria, and Isosorbide Dinitrate on cervical preparation and labor duration of term parturient: A randomized doubleblind clinical trial . 2018; *Electronic Physician*

18. Shirin Niromanesh, Mahboobeh Shirazi, Mitra Eftekharyazdi (Corresponding author), Forough Mortazavi. Comparison of Umbilical Artery Doppler and Non-Stress Test in Assessment of Fetal Well-being in Gestational Diabetes Mellitus: A prospective Cohort study . 2017; *Electronic Physician* .9(12)
19. Azra Azmoudeh, Zahra Shahraki, Fatemeh-Sadat Hoseini, Firoozeh Akbari-Asbagh, Fatemeh Davari-Tanha, Forough Mortazavi. In Vitro Fertilization Success and Associated Factors: A Prospective Cohort Study. *International Journal of Women's Health and Reproduction Sciences*, 2018; 6(3): in press
20. Forough Mortazavi, Arash Akaberi. Validation of The Anxiety Scale for Pregnancy in a Sample of Iranian Women. 2017; 5 (3):
21. Mitra Eftekhariyazdi, Manijeh Yousefi Moghaddam, Behnaz Souizi, Forough Mortazavi. Heterotopic Cesarean Scar Pregnancy in a Non-assisted Fertility: A Case Report. 2017; 19(8), DOI:10.5812/ircmj.60000
22. Forough Mortazavi. Validity and reliability of the Farsi version of Wijma delivery expectancy questionnaire: an exploratory and confirmatory factor analysis. *Electronic Physician* 2017; 9(6):4606-4615., DOI:10.19082/4606
23. Shirin Niromanesh, Mahboobeh Shirazi, Mitra Eftekhariyazdi, Mamak Shariat, Maryam Rabiei, Forough Mortazavi. Comparison of Umbilical Arterial Doppler and Middle Cerebral Arterial Doppler Assessments of Fetal Well-being in Mothers with Diabetes Mellitus: A Prospective Study. 2016; 19(4), DOI:10.5812/ircmj.42682
24. Fereshteh Jahdi, Maryam Mehrabadi, Forough Mortazavi, Hamid Haghani. The Effect of Slow-Stroke Back Massage on the Anxiety Levels of Iranian Women on the First Postpartum Day. 2016; 18(8), DOI:10.5812/ircmj.34270
25. Forough Mortazavi, Arash Akaberi. Worries of Pregnant Women: Testing the Farsi Cambridge Worry Scale. 2016; 2016(4):1-10., DOI:10.1155/2016/5791560
PMID: 27293974
26. Forough Mortazavi, Saideh S Mortazavi, Razieh Khosrorad. Psychometric Properties of the Procrastination Assessment Scale-Student (PASS) in a Student Sample of Sabzevar University of Medical Sciences. 2015; 17(9):e28328., DOI:10.5812/ircmj.28328
27. Forough Mortazavi, Seyed Abbas Mousavi, Reza Chaman, Karen Ann Wambach, Saideh Sadat Mortazavi, Ahmad Khosravi. Breastfeeding Practices During the First Month Postpartum and Associated Factors: Impact on Breastfeeding Survival. 2015; 17(4)., DOI:10.5812/ircmj.17(4)2015.27814
28. Forough Mortazavi, Seyed Abbas Mousavi, Reza Chaman, Ahmad Khosravi, Jill R Janke. Cross Cultural Adaptation, Validity, and Reliability of the Farsi Breastfeeding Attrition Prediction Tools in Iranian Pregnant Women. 2015; 17(3):e26354., DOI:10.5812/ircmj.26354

29. Forough Mortazavi, Seyed Abbas Mousavi, Reza Chaman, Ahmad Khosravi. Validation of the World Health Organization-5 Well-Being Index; Assessment of Maternal Well-Being and its Associated Factors. *Turk psikiyatri dergisi* 2015; 26(1):48-55. PMID: 25742037
30. Forough Mortazavi, Seyed Abbas Mousavi, Reza Chaman. Does Maternal Quality of Life Influence Breastfeeding Difficulties?. *Iranian Journal of Pediatrics* 2014; 24(4): 452–453. PMID: PMC4339574
31. Forough Mortazavi, Seyed Abbas Mousavi, Reza Chaman, Ahmad Khosravi. Validation of the Breastfeeding Experience Scale in a Sample of Iranian Mothers. *International Journal of Pediatrics* 2014; 2014(153). DOI:10.1155/2014/608657
32. Forough Mortazavi, Seyed Abbas Mousavi, Reza Chaman, Ahmad Khosravi. Maternal Quality of Life During the Transition to Motherhood. 2014; DOI:10.5812/ircmj.8443
33. Forough Mortazavi, Seyed Abbas Mousavi, Reza Chaman, Ahmad Khosravi. Do Maternal Quality of Life and Breastfeeding Difficulties Influence the Continuation of Exclusive Breastfeeding?. *International Journal of Pediatrics* 2014; 2014(153):156049., DOI:10.1155/2014/156049
34. Seyed Abbas Mousavi, Forough Mortazavi, Reza Chaman, Ahmad Khosravi. Quality of Life after Cesarean and Vaginal Delivery. *Oman Medical Journal* 2013; 28(4):245-51., DOI:10.5001/omj.2013.70
35. Forough Mortazavi, Reza Chaman, Seyed Abbas Mousavi, Ahmad Khosravi, Mohammad-Esmail Ajami. Maternal psychological state during the transition to motherhood: A longitudinal study. *Asia-Pacific Psychiatry* 2013; 5(2):E49-57., DOI:10.1111/appy.12075
36. Forough Mortazavi, Arash Akaberi. The study of the accuracy of three methods in estimating of delivery date. *Iranian Journal of Obstetrics, Gynecology, and Infertility*. 2010; 13(5):45-51.
37. F Mortazavi, A Akaberi. Estimation of birth weight by measurement of fundal height and abdominal girth in parturients at term. *Eastern Mediterranean health journal* 2010; 16(5):553-7. PMID: 20799557
38. Journal Publications Indexed in Copernicus/IMEMR/CINAHL/DOAJ/Embase/EBSCO/Google Scholar
39. Mehrabadi M, Mortazavi F, Rakhshani MH. Examining the Effect of Attending Childbirth Preparation Classes on Prepartum and Postpartum Maternal Mental Well-being Index. *Journal of Obstetrics, Gynecology and Cancer Research* 2019;4(2):69-74.

40. Mortazavi F, Borzoe F. Fear of Childbirth, Fatigue, and Well-being in Pregnant Women. *Journal of Obstetrics, Gynecology and Cancer Research* 2019;4(2):45-50.
41. Mitra Eftekhari Yazdi, Forough Mortazavi. Pregnancy in a Rudimentary Horn with a Live 19-Weeks Fetus: a Case Report; *Journal of Midwifery and Reproductive Health*.2020;8(1): 2129-2133. DOI: 10.22038/jmrh.2019.37226.1410
42. Tahereh Ashrafganjoei, Soha Mirreza, Mitra Eftekhariyazdi, Forough Mortazavi. A Successful Pregnancy Outcome in a Heterotopic Abdominal Pregnancy: A Case Report. *Zahedan J Res Med Sci*. 2019; 21(2):86166
43. Nooshin Amjadi, Maryamsadat Hosseini, Soha Mirreza, Forough Mortazavi. Two Consecutive Successful Pregnancy Outcomes in a woman with Eisenmenger's Syndrome: A Case Report. *Interventions in Gynaecology & Women's Healthcare*. 2019; 3 (2):
44. Hamid Rabat Sarpooshi, Forough Mortazavi, Mojtaba Vaheb, Yasser Tabarayee. The Effects of Topical Vitamin C Solution on Burn Wounds Granulation: A Randomized Clinical Trial. *Journal of Biomedicine* 2017;1 (4), DOI:10.5812/jmb.8301
45. Forough Mortazavi, Vahideh Moghaddam Hosseini, Yaser Tabarraie, Tahereh Towfighian. Effect, for the Preferred Mode of Delivery, on Pregnant Women and Their Husbands of a Preparing Program on the Advantages of Vaginal Delivery. *JBM*. 2016; 1(3), DOI:10.17795/jmb-7346
46. Hamid Rabat Sarpooshi, Mojtaba Vaheb, Yasser Tabarayee, Ali Vahidi Sabzevar, Forough Mortazavi. The effects of topical vitamin C solution on the necrotic tissue volume of burn wounds. *Journal of Nursing and Midwifery Sciences* 2016 3 (3), 11-17, DOI:10.18869/acadpub.jnms.3.3.11
47. Forough Mortazavi. The prevalence of academic procrastination and its association with medical students' well-being status. *IJHCS*. 2016; 3(2): 1256-1269
48. Forough Mortazavi, Seyed Abbas Mousavi, Reza Chaman, Ahmad Khosravi. The relationships between maternal psychological state, breastfeeding difficulty and breastfeeding patterns. *Journal of Research & Health* 5(2).
49. Forough Mortazavi, Zahra Motaghi. Couples' and counselors' perspectives towards pre-marriage counseling program: A qualitative study. *PAYESH* 16 (2), 191-199
50. Somayeh Zamirinejad, Forough Mortazavi, Homan Kamranian, SAarash Ackabery, Maryam Piltan. Validity and Reliability of Persian version of mental toughness questionnaire. *IJHCS*. 2015; 2(2): 714-723.
51. Seyed Abbas Mousavi, Forough Mortazavi, Reza Chaman, Mohammad-Esmaeil Ajami. Comparing the quality of life and psychological state of multiparous and

primiparous women in ante-and postnatal periods: A cohort study. *Journal of Kermanshah University of Medical Sciences*. 2013; 17(5): 332-335

52. F. Mortazavi, A. Koshki, A. Akaberi. P125 The relationship between maternal nutrition during pregnancy and hypertensive disorders. *International Journal of Gynecology & Obstetrics* 2009; 107, DOI:10.1016/S0020-7292(09)61616-7
53. Forough Mortazavi. The relationship between maternal anthropometric measurement and birth weight. *Asia Pacific Journal of Clinical Nutrition* 2004; 13.
54. Forough Mortazavi, Mirzaie Khadijeh. Concerns and expectations towards Husband's involvement in prenatal and intrapartum cares - A qualitative study. *Payesh* 11 (1), 51-63
55. Forough Mortazavi, Mahin Delara, Arash Akaberi. Male involvement in prenatal care: impacts on pregnancy and birth outcomes. *Journal of Nursing and Midwifery Urmia University of Medical Sciences* 2 (1)
56. Forough Mortazavi, Maryam Damghanian, Zahra Motaghi, Mohamad Shariati. Women's experience of unwanted pregnancy: A qualitative study. *Journal of Kermanshah University of Medical Sciences* 15 (6), 492-505
57. Forough Mortazavi, Afsaneh Keramat. The Study of Male Involvement in Prenatal Care in Shahroud and Sabzevar, Iran. 2012; *Qom University of Medical Sciences Journal* 6 (1)
58. Forough Mortazavi, Mirzaii Khadijeh. Reason of, barriers to, and outcomes of husbands' involvement in prenatal and intrapartum care program based on midwives' experiences: A qualitative study. *Arak Medical University Journal (AMUJ)* 15 (160), 104-115
59. Maryam Damghanian, Forough Mortazavi, Zahra Motaghi, Afsaneh Keramat. Systematic review of different therapies for primary dysmenorrhea in Iran. *Research in Pharmaceutical Sciences* 7 (5), 910
60. Forough Mortazavi, Mohamad-hassan Rakhshani. Estimation of the Gestational Age by Fundal Height in Pregnant women at Mobini Maternity Hospital in Sabzevar, Iran in 1381(2002).
61. Forough Mortazavi, Akram Kooshki, Arash Akaberi. The Relationship between Diet and Development of Gestational Hypertension. *Journal of Sabzevar School of Medical Sciences* 16 (2), 100-7
62. Forough Mortazavi, Arash Akaberi. Belief in prayer in pregnant women. *J Mashhad School Nurs Midw* 10 (2), 51-56

63. Forough Mortazavi, Rakhshani MH. The effect of Atropine, Hyoscine and Promethazine on the duration of labor stages and rate of labor progress in multiparous women. Journal of Gorgan university of medical sciences 6 (2), 92-96

WORKSHOPS

- ✓ Lectora and storyline, 2017, Sabzevar University of Medical Sciences, Sabzevar, Iran
- ✓ Summer School of Ethics in research, 2016, Mazandaran University of Medical Sciences, Mazandaran, Iran
- ✓ Ethics in research, 2009, Sabzevar University of Medical Sciences, Sabzevar, Iran
- ✓ Writing of scientific papers, 2007, 2009, 2010, 2016, Sabzevar University of Medical Sciences, Sabzevar, Iran
- ✓ Scientific peer reviewing of Biomedical/health Science journal manuscript, 2015, National Institute for Medical Research development (NIMAD), Tehran, Iran
- ✓ Clinical Research, 2016, Ministry of Health and Medical Education, Tehran, Iran
- ✓ Clinical Research Methods, 2009, Sabzevar University of Medical Sciences, Sabzevar, Iran
- ✓ Lisrel, introductory and advance, 2013, Tehran, Iran
- ✓ Qualitative research and Skills in qualitative interview, 2011, Tehran University of Medical Sciences, Tehran, Iran
- ✓ Endnote, 2008, 2011, Tehran University of Medical Sciences, Tehran, Iran
- ✓ SPSS in research, 2011, Tehran University of Medical Sciences, Tehran, Iran
- ✓ Questionnaire designing and designing and adopting Instrument for research 2011, Tehran University of Medical Sciences, Tehran, Iran
- ✓ Searching electronic resources, 2011, Tehran University of Medical Sciences, Tehran, Iran
- ✓ Systematic review , 2010, Sabzevar University of Medical Sciences, Sabzevar, Iran
- ✓ PBL, simulation, 2010, Shahroud University of Medical Sciences, Shahroud, Iran
- ✓ Innovation, creativity, 2010, Shahroud University of Medical Sciences, Shahroud, Iran
- ✓ Childbirth education (master trainer course), 2008, Minister of health and medical education, Tehran, Iran
- ✓ Lecture designing, 2007, Sabzevar University of Medical Sciences, Sabzevar, Iran
- ✓ Infant resuscitation. 1998, Mashhad University of Medical Sciences, Mashhad, Iran

EXPERIENCE

Computer Skills

- ✓ Operating Systems: Windows

Software:

- ✓ ENDNOTE, Statistical analysis software (SPSS)
- ✓ Microsoft office (Word, Power point, Excel)