



Personal profile

Full Name: Mozhddeh Navi Nezhad

Father's name: Asghar

ID Number: ۴۵۶۰

Date of Birth: ۱۸/۱/۱۳۶۵

Marriage Status: Married

Email: mojdemw@gmail.com

Phone: ۰۵۱-۴۴۲۳۸۱۰۰

Work address: Sabzevar University of Medical Sciences

Academic Rank: Instructor

A) Academic background

Years of education	Educational Institution	Field of Study	Cross section
۱۳۸۸-۱۳۸۴	Iran University of Medical Sciences	Midwifery	Undergraduate
۱۳۹۵-۱۳۹۲	Mashhad University of Medical Sciences	Midwifery	Masters

B) Title of theses of study time

The effect of alpha ointment on wound healing and episiotomy pain in primiparous women

C) Educational records

Teaching in Sabzevar Medical School in Theory (Law and Regulations and Ethics in Midwifery) and Practical Courses (Pregnancy and Maternity Care, Midwifery Emergency)

Instructor of Birth Preparation Classes from ۱۳۹۲ till now

The core members of physiological childbirth education Sabzevar University of Medical Sciences (Year ۱۳۹۷)

Lecturer of Physiological Maternity Courses (Year ۲۰۱۹)

Lecturer of Nursing Care Workshop after Women's Surgery (Year ۱۰۱۷)

Instructor of Emergency Midwifery Emergency Workshop (۲۰۱۹)

Lecturer on Postpartum Bleeding Workshop (۲۰۱۹)

Instructor for Birth Preparation Classes from ۲۰۱۴ till now

D) Executive records:

Human Resources Plan of Shahidan Mobini Hospital (۲۰۰۹-۲۰۱۰)

Employment Contract of Maternity Hospital of Vali Asr Hospital (Bardaskan, ۲۰۱۱-۲۰۱۱)

Maternity ward staff of Shahidan Mobini Hospital (۲۰۱۳-۲۰۱۴)

Head of Internal Medicine Department of Shahidan Mobini Hospital (۲۰۱۶)

Head of Emergency Department of Shahidan Mobini Hospital since February ۲۰۱۶



Responsible for Maternity Preparedness Classes at Shahidan Mobini Hospital since ۲۰۱۴
Journal of Sabzevar University of Medical Sciences.

D) Membership in scientific and executive associations:

E) approved research projects:

- ۱- The effect of support in the form of telephone counseling in the postpartum period on exclusive breastfeeding in infants
- ۲- Comparison of the effect of stimulation of nipple with acupuncture point \ominus of spleen in prevention of premature pregnancy.
۳. Comparing the effectiveness of couple counseling with two cognitive-behavioral and solution-based approaches in the prevention of grief and postpartum depression in pregnant women.
- ۴- The Relationship between NeuroAxial Analgesic Pain and Entonox Gas with Postpartum Depression
۵. Comparison of the efficacy of erythromycin gel, breast protector and breast milk on mammary fissure of lactating mothers.
۶. The relationship between spiritual intelligence and postpartum sadness
۷. The effect of post-natal support counseling on exclusive breastfeeding in infants
- ۸- Evaluation of the relationship between preeclampsia and the results of double biomarker screening of chemical biomarkers in patients referring to Shahid Mobini hospital in Sabzevar in ۱۳۹۷
- ۹- Comparing the effectiveness of couple counseling with two cognitive-behavioral and solution-based approaches in the prevention of grief and postpartum depression in pregnant women.

C) Papers (foreign and domestic congresses)

Subject of report or lecture	Article submission type	date	Name of Congress	row
The relationship between self-esteem and postpartum sadness in pregnant women	poster	۲۵ ۹۵/۸/۲۶	First National Congress of Midwifery Counseling	۱
An investigation into the Effect of Alpha Ointment (Fundermol) on Perineal Pain relief Following Episiotomy in Nulliparous Women	poster	۵ ۹۵/۱۲/۶	National Conference on Promotion of Oral and Family Health and Third Annual Research Conference of Semnan University	۲

			of Medical Sciences	
PREVALENCE AND CAUSES OF INFERTILITY IN IRAN COMPARISON WITH OTHER PARTS OF THE WORD	poster	۹۸/۶/۶-۵	Twentieth International Congress on Reproduction and Infertility and ۱۴th Conference on Nursing and Midwifery in Reproductive Medicine	۳
THE PREVALENCE AND CLINICAL PATTERN OF INFERTILITY IN SABZEVAR, NORTHEASTERN IRAN	poster	۹۸/۶/۶-۵	Twentieth International Congress on Reproduction and Infertility and ۱۴th Conference on Nursing and Midwifery in Reproductive Medicine	۴
Use of herbal medicines in pregnancy (review article)	poster	۹۷/۹/۲۱	First National Student Conference on Medicinal Plants and Complementary Medicine in Sabzevar University of Medical Sciences	۵
Regardless of herbal medicines in jaundice (review article)	poster	۹۷/۹/۲۱	First National Student Conference on Medicinal Plants and Complementary Medicine in Sabzevar University of Medical Sciences	۶
Effect of alpha ointment (fundermol) on episiotomy ulcer healing in primiparous women	poster	۹۷/۹/۲۱	First National Student Conference on Medicinal Plants and Complementary Medicine in Sabzevar University of Medical Sciences	۷
The relationship between self-esteem and anxiety with severity of pain and suffering of labor	poster	۹۸/۵/۱۰	Second Congress on Women's and Family Health	۸



Review of herbal remedies for episiotomy pain and ulcer healing.	Speech	۹۸/۵/۱۰	Second Congress on Women's and Family Health	۹
--	--------	---------	--	---

H) Articles (foreign and domestic journals)

Name of the magazine	Title
Mashhad Journal of Women and Infertility	The Effect of Alpha Ointment on Episiotomy Wound Healing in Primiparous Women Mashhad Journal of Women and Infertility
jmrh	An investigation into the Effect of Alpha Ointment (Fundermol) on Perineal Pain relief Following Episiotomy in Nulliparous Women) JMRH)
Journal of Biochemical Technology	Review article on the effects of alpha ointment (Fondermol)
Journal of Research in Medical and Dental Sciences	Investigating the Relationship between Self-Esteem and Postpartum Blues among Delivered Women
Journal of Biostatistics & Epidemiology	The relationship between self-esteem and anxiety with severity of pain and suffering of labor
Journal of Biostatistics and Epidemiology	The Relationship between Self-esteem and Anxiety with Severity of Pain and Suffering of Labor

G) Translation and compilation

D) Participation in specialized workshops

Technical and vocational	ICDL Grade ۱	۱
Technical and vocational	ICDL Grade ۲	۲
Mashhad University of Medical	Sexual Behaviors and Its Strategies	۳



Sciences		
Mashhad University of Medical Sciences	The First International Congress of Midwifery and Reproductive Health of Iran	۴
Mashhad University of Medical Sciences	Justification for Employees	۵
Mashhad University of Medical Sciences	Birth Preparation Classes	۶
Vice chancellor for development, Sabzevar University of Medical Sciences	Healthy Baby Care (۱۳۹۱)	۷
Sabzevar University of Medical Sciences	Friendly Hospitals Patient Safety Indicators (۱۳۹۱)	۸
Vice chancellor for development, Sabzevar University of Medical Sciences	Physiological delivery (۱۳۹۱)	۹
Vice chancellor for development, Sabzevar University of Medical Sciences	Hemovigilance (۱۳۹۱)	۱۰
Fire department	Fire fighting and preventive measures	۱۱
Vice chancellor for development, Sabzevar University of Medical Sciences	Obstetric emergencies (bleeding after childbirth) (۱۳۹۲)	۱۲
Vice chancellor for development, Sabzevar University of Medical Sciences	C.P.R advanced training with Vyntlatvr (۱۳۹۲)	۱۳
Sabzevar University of Medical Sciences	The mother the baby (۱۳۹۲)	۱۴
Sabzevar University of Medical Sciences	Drug dependence in pregnant women (۱۳۹۲)	۱۵
Sabzevar University of Medical Sciences	Occupational exposure to HIV / HCV / HBV occupational management	۱۶
Sabzevar University of Medical Sciences	Critical Care for Endangered Newborns (۱۳۹۲)	۱۷
Sabzevar University of Medical Sciences	Neonatal resuscitation (۲۰۱۳)	۱۸
Vice chancellor for development, Sabzevar University of Medical Sciences	Crisis Management, Risk Management and Fire Management (۲۰۱۳)	۱۹
Sabzevar University of Medical Sciences	Weekly Conference MOBINI Hospital (Congo haemorrhagic fever) (۱۳۹۲)	۲۰



دانشگاه علوم پزشکی تبریز	Monitoring the growth of children	۲۱
Sabzevar University of Medical Sciences	Weekly Conferences of Neonatal Brain Death Hospital	۲۲
Sabzevar University of Medical Sciences	Hematological disorders in pregnancy	۲۳
Sabzevar University of Medical Sciences	Periodic Conferences of Mobinivulence Hospital	۲۴
Sabzevar University of Medical Sciences	Skin Diseases in Pregnancy	۲۵
Vice chancellor for development, Sabzevar University of Medical Sciences	Honor of a Pregnant Mother (۲۰۱۳)	۲۶
Isfahan University of Medical Sciences	Breastfeeding and Breastfeeding	۲۷
Vice chancellor for development, Sabzevar University of Medical Sciences	Service Role Players in Identifying Values and Improving Communication Skills (Office and Home Office Staff) (۱۳۹۲)	Tabriz ۲۸ University of Medical Sciences
Sabzevar University of Medical Sciences	Error Reporting and Patient Safety State Indicators (۱۳۹۲)	۲۹
Sabzevar University of Medical Sciences	Error Reporting and Patient Safety Indicators	۳۰
Sabzevar University of Medical Sciences	Crisis Management Verisk (۱۳۹۳)	۳۱
Sabzevar University of Medical Sciences	Newborn resuscitation ۱۳۹۳	۳۲
Sabzevar University of Medical Sciences	Screening Tests in Pregnancy (۲۰۱۴)	۳۳
Sabzevar University of Medical Sciences	Breast milk (۲۰۱۴)	۳۴
Sabzevar University of Medical Sciences	Breastfeeding (۱۳۹۳)	۳۵
Sabzevar University of Medical Sciences	Advanced CPR (۱۳۹۳)	۳۶
Sabzevar University of Medical Sciences	Patient Safety, Occupational Health and Risk Management for Hospital Personnel	۳۷
Iranian Association of Emergency Medicine	Asphyxia in Newborn (۲۰۱۴)	۳۸
Sabzevar University of Medical Sciences	(۲۰۱۴) AUB	۳۹
Sabzevar University of Medical Sciences	Healthy and Self-Care Nutrition with Iranian Dietary Guidelines	۴۰



Sabzevar University of Medical Sciences	Operational Planning (۲۰۱۴)	۴۱
Mashhad University of Medical Sciences	Education and counseling in reproductive health (in line with family health)	۴۲
Sabzevar University of Medical Sciences	Article writing in the field of treatment	۴۳
Sabzevar University of Medical Sciences	Blood Care System (Hemovigilance)	۴۴
Sabzevar University of Medical Sciences	Behavioral communication skills	۴۵
Sabzevar University of Medical Sciences	Emergency nursing care	۴۶
Department of Medical Community Education, Ministry of Health	Error in reporting nursing and paramedical fields	۴۷
Department of Medical Community Education, Ministry of Health	Patient Safety Solutions	۴۸
Sabzevar University of Medical Sciences	Newborn resuscitation (۲۰۱۵)	۴۹
Department of Medical Community Education, Ministry of Health	Blood Care System (Hemovigilance)	۵۰
Department of Medical Community Education, Ministry of Health	Within the ward of Mobini Hospital	۵۱
Sabzevar University of Medical Sciences	Endangered Infant Care (۲۰۱۵)	۵۲
Department of Medical Community Education, Ministry of Health	Within the ward of Mobini Hospital	۵۳
Department of Medical Community Education, Ministry of Health	Emerging diseases	۵۴
Department of Medical Community Education, Ministry of Health	۱۶th International Meeting on Reproductive Biology and Medicine	۵۵
Department of Medical Community Education, Ministry of Health	Common Diseases of Women	۵۶
Department of Medical Community Education, Ministry of Health	Methodology of Clinical Research	۵۷
Department of Medical Community Education, Ministry of Health	Common cancers in women	۵۸
Sabzevar University of Medical Sciences	Medication Errors and Required Corrective Interventions (۲۰۱۵)	۵۹
Department of Medical Community Education, Ministry of Health	Pregnant Mother's Care	۶۰
Department of Medical Community Education, Ministry of Health	Physiological delivery	۶۱



Department of Medical Community Education, Ministry of Health	Shock management	۶۲
Department of Medical Community Education, Ministry of Health	Midwifery and Women Emergencies	۶۳
Department of Medical Community Education, Ministry of Health	Embryo Health Assessment	۶۴
Department of Medical Community Education, Ministry of Health	Breastfeeding	۶۵
Department of Medical Community Education, Ministry of Health	Breastfeeding	۶۶
Department of Medical Community Education, Ministry of Health	The role of staff in identifying the values and beliefs of service recipients	۶۷
Department of Medical Community Education, Ministry of Health	Risk and risk management	۶۸
Deputy of Treatment	Critical Care for the Newborn	۶۹
Department of Medical Community Education, Ministry of Health	Evaluation of the need for ultrasound in the second trimester of pregnancy	۷۰
Sabzevar University of Medical Sciences	Tuberculosis Care	۷۱
Department of Medical Community Education, Ministry of Health	Principles of Nursing Care of Hypothermia and Hyper-Term Infants	۷۲
Department of Medical Community Education, Ministry of Health	Painless delivery	۷۳
Department of Medical Community Education, Ministry of Health	Preparation for physiological delivery	۷۴
Sabzevar University of Medical Sciences	New immunization program	۷۵
Department of Medical Community Education, Ministry of Health	Occupational Safety and Health	۷۶
Sabzevar University of Medical Sciences	AIDS	۷۷
Sabzevar University of Medical Sciences	Crisis Management	۷۸
Sabzevar University of Medical Sciences	Improve maternal health	۷۹
Department of Medical Community Education, Ministry of Health	Patient communication skills and service payers	۸۰
Sabzevar University of Medical Sciences	Human Resource Productivity	۸۱
Sabzevar University of Medical Sciences	Drug Interactions	۸۲

Sabzevar University of Medical Sciences	Training for heart disease and thromboembolic guidelines in pregnancy	۸۳
Deputy of Treatment	PMTCT AIDS in pregnancy	۸۴
Department of Medical Community Education, Ministry of Health	Shoulder dystocia	۸۵
Department of Medical Community Education, Ministry of Health	Patient care on hold	۸۶
Department of Medical Community Education, Ministry of Health	Occupational Safety and Health	۸۷
Department of Medical Community Education, Ministry of Health	Stages of natural childbirth	۸۸
Sabzevar University of Medical Sciences	Hospital Crisis Management	۸۹
Department of Medical Community Education, Ministry of Health	Crimean Congo fever	۹۰
Department of Medical Community Education, Ministry of Health	Reporting and nursing documentation in times of crisis	۹۱
Department of Medical Community Education, Ministry of Health	Premature infant and its feeding	۹۲
Department of Medical Community Education, Ministry of Health	Computations and drug interactions	۹۳
Department of Medical Community Education, Ministry of Health	Patient education methods	۹۴
Department of Medical Community Education, Ministry of Health	Influenza	۹۵
Sabzevar University of Medical Sciences	Risk Management	۹۶
Sabzevar University of Medical Sciences	Pre-hospital crisis management and triage	۹۷
Sabzevar University of Medical Sciences	Teaching skills of natural childbirth	۹۸
Department of Medical Community Education, Ministry of Health	Hemodynamic monitoring	۹۹
Department of Medical Community Education, Ministry of Health	Patient Safety, Staff and Environmental Health Accreditation Test	۱۰۰
Department of Medical Community Education, Ministry of Health	Massage in infants	۱۰۱
Department of Medical Community Education, Ministry of Health	Postpartum hemorrhage	۱۰۲
Sabzevar University of Medical Sciences	Advanced Cardiopulmonary Resuscitation (CPR)	۱۰۳
Sabzevar University of Medical	Nursing care for blood transfusion	۱۰۴



Sciences		
Vice chancellor for development, Sabzevar University of Medical Sciences	To train	۱۰۵
Vice chancellor for research, student of cultural research, Sabzevar University of Medical Sciences	Familiarity with administrative rules and regulations of non-academic staff	۱۰۶
Department of Medical Community Education, Ministry of Health	Postpartum infections	۱۰۷
Department of Medical Community Education, Ministry of Health	Introduction to Emergency Tray Drugs	۱۰۸
Department of Medical Community Education, Ministry of Health	Patient communication skills	۱۰۹
Sabzevar University of Medical Sciences	Introduction to Lightning Attendance Software	۱۱۰
Sabzevar University of Medical Sciences	Serving table	۱۱۱
Department of Medical Community Education, Ministry of Health	Twin pregnancy	۱۱۲
Ministry of Health and Medical Education	Midwifery triage based on Medical Emergency Index (ESI)	۱۱۳
Department of Medical Community Education, Ministry of Health	Cervical cancer	۱۱۴
Sabzevar University of Medical Sciences	Breastfeeding	۱۱۵
Department of Medical Community Education, Ministry of Health	Neonatal eye infection (prevention, care, treatment)	۱۱۶
Department of Medical Community Education, Ministry of Health	Midwifery Care in Preeclampsia	۱۱۷
Department of Medical Community Education, Ministry of Health	Breastfeeding Promotion (۲)	۱۱۸
Department of Medical Community Education, Ministry of Health	Breastfeeding Promotion (۳)	۱۱۹
Department of Medical Community Education, Ministry of Health	Baby Embryo Care (KMC)	۱۲۰
Department of Medical Community Education, Ministry of Health	Proper Principles of Reporting	۱۲۱
Department of Medical Community	The ۲۰th Meeting of Medical and Biological	۱۲۲



Education, Ministry of Health	Reproductive Biology	
Sabzevar University of Medical Sciences	۲۰th Meeting of Medical and Biological Reproductive Biology	۱۲۳
Sabzevar University of Medical Sciences	Introduction to the Code of Conduct for Managers and Employees	۱۲۴
Sabzevar University of Medical Sciences	Virtual Space Damages and Opportunities	۱۲۵
Sabzevar University of Medical Sciences	Foreign Travel Security	۱۲۶
Sabzevar University of Medical Sciences	Introduction to National Nutrition Guidelines	۱۲۷
Sabzevar University of Medical Sciences	Management of traumatic patients	۱۲۸
Sabzevar University of Medical Sciences	Activate crisis management chart	۱۲۹
Sabzevar University of Medical Sciences	Emergency Management News	۱۳۰
Sabzevar University of Medical Sciences	Pregnant mother resuscitation	۱۳۱
Sabzevar University of Medical Sciences	High-risk drugs and drug interactions	۱۳۲
Sabzevar University of Medical Sciences	Training in blood transfusion and intravenous fluid guidelines in pregnancy hemorrhage	۱۳۳
Sabzevar University of Medical Sciences	Understand the new guidelines for evaluating the performance of managers and employees	۱۳۴
Sabzevar University of Medical Sciences	Maturity counseling	۱۳۵
Sabzevar University of Medical Sciences	Neonatal Hypoglycemia and Hypocalcemia	۱۳۶
Sabzevar University of Medical Sciences	Hospital triage	۱۳۷
Sabzevar University of Medical Sciences	Blood and its products	۱۳۸
Sabzevar University of Medical Sciences	۲۰th Meeting of Medical and Biological Reproductive Biology	۱۳۹
Sabzevar University of Medical Sciences	Proper Principles of Reporting	۱۴۰
Sabzevar University of Medical Sciences	Baby Embryo Care (KMC)	۱۴۱
Sabzevar University of Medical Sciences	Women's and Family Health	۱۴۲
Sabzevar University of Medical Sciences	Introduction to electronic content production software	۱۴۳
Sabzevar University of Medical Sciences	Camtasia	۱۴۴
Sabzevar University of Medical	Women's and Family Health	۱۴۵



Sciences		
Sabzevar University of Medical Sciences	Breastfeeding Promotion (۱)	۱۴۶
Sabzevar University of Medical Sciences	The Heavenly Tables of Communication and Social Relations with Implications of the Surah Al-Mubarak Surahs	۱۴۷

M) Advice and advice for student theses

R) titles and honors

Head of Obstetrics and Gynecology, Shahidan Mobini Hospital ۱۳۹۵

Head of Emergency Department of Shahidan Mobini Hospital since ۲۰۱۶

Responsible for Maternity Hospital Preparation Classes from ۲۰۱۴

Model Midwifery of the Year ۲۰۱۶

G) specialized and non-specialized skills

۱. ICDL Certificate

۲. Has MCHE degree

۳. Physiological Labor ۲۰۱۲

۴. Physiological Labor ۲۰۱۶

۵. Sabzevar Physiological Maternity Hearing ۱۳۹۷